

NOTES:

Victim Advocate/Companion: _____

Physician: _____

Nurse (SANE): _____

Law Enforcement: _____

DSS Social Worker: _____

Other: _____

Victim Services Resource Guide

Serving Cabarrus, South Iredell,
Mecklenburg & Union Counties

WHAT IS SEXUAL ASSAULT?

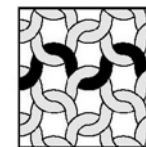
SEXUAL ASSAULT includes **any** sexual behavior that is against the will of another person (often through manipulation, force or coercion). Types of sexual assault include rape, sexual battery, child sexual abuse, incest, and same-sex assault. Two of the most common forms of sexual assault are "rape" and "sexual offense."

SEXUAL ASSAULT is not motivated by sex. It is a crime committed to exert power and control over the victim, or to inflict humiliation and violence upon the victim.

Rape is a sudden, unexpected and violent act. Although it may or may not involve physical injuries, it *always* causes emotional distress. Rape is a crime.

YOU ARE NOT ALONE.

- A woman is raped every 2 minutes in the United States.
- 1 in every 4 females will be a victim of sexual assault.
- 1 in every 6 males will be a victim of sexual assault by the age of 18.
- 85% of victims know the perpetrator of the sexual assault.



United
Family
Services

RAPE CRISIS HOTLINES

Cabarrus 704.721.0110 Union 704.283.7770
Mecklenburg & Southern Iredell 704.375.9900

RECOVERING FROM RAPE

You may experience:

- Shock and disbelief
- Fears about personal safety and vulnerability
- Anger
- Feelings of shame, guilt and humiliation
- Mood swings and depression
- Feelings of betrayal and loss of trust
- Changes in eating and sleeping patterns

Your feelings may differ, but are still normal whether you experience them immediately or weeks or months later.

HELP WITH RECOVERY

Recovering from rape is very similar to recovering from the death of a loved one. Talking to and sharing your feelings about your experience with someone who is supportive, open and knowledgeable about this issue can help in the recovery process.

United Family Services offers professional counseling for you and your family to help you during your recovery process.

HOW DO I SEEK HELP?

- 24 hour Rape Crisis Hotline – trained staff and volunteers are available to support you
- Hospital Accompaniment – Rape Crisis Companions respond to assist sexual assault victims & their families at the hospital
- Professional Counseling - Counseling is offered to victims, close friends & family
- Sexual Assault Nurse Examiner (SANE) – specially trained nurses who assist sexual assault victims 13 yr's and older in a confidential setting by providing medical treatment & collecting forensic evidence that will assist law enforcement & the district attorney in the investigation/prosecution.

FREQUENTLY ASKED QUESTIONS

How much do rape kits cost?

Rape kits are free, regardless of whether or not the victim presses charges against their assailants.

Why should I have a rape kit completed?

The rape kit collects evidence that can be used to prosecute a perpetrator of sexual assault. Even if you do not want to prosecute now, the

Union County Magistrate's Office	704.292.2746
Monroe Police Department	704.282.4707
Marshville Police Department	704.624.2121
Stallings Police Department	704.821.0300
Waxhaw Police Department	704.843.0353
Wingate Police Department	704.233.5657

Legal

Crime Victim Financial Assistance	800.826.6200
District Attorney's Office	704.296.3240
Legal Aid	704.283.2172
NC Lawyer's Referral Service	800.662.7660

Children's Services

The Tree House Child Advocacy Center	704.226.1352
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Medical

Carolinas Medical Center – Union	704.283.3000
Union County Health Department	704.296.4800
HELP Crisis Pregnancy Center	704.289.5133

Social Services

Union County Dept. of Social Services	704.296.4300
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Counseling

Daymark Recovery Services	704.296.6200
United Family Services	704.226.1352

Other

Operation Reach-Out – rent, utilities, food.....	704.289.4237
Crisis Assistance Ministry – rent, utilities, meds.....	704.238.0155
American Red Cross – disaster relief, ER assistance	
Angel Food Ministries – low cost food	704.283.7402
Union County Community Action – rent, utilities	704.283.1114
Childcare Resources – assist in finding daycare.....	704.238.8800
United Way Info & Referral	211
Union Smart Start – children's services, parenting.....	704.226.1407

UNION COUNTY

604 Lancaster Ave, Monroe, NC 28112

Main: 704.226.1352 Rape Crisis Hotline: 704.283.7770

Hours of Operation:

Mon-Thurs 8:30am – 8:00pm; Friday closed

SERVICES PROVIDED

- Crisis intervention
 - 24 hour rape crisis hotline
 - 24 hour hospital response to accompany child/adult victims of sexual assault through the forensic evidence collection process
 - Counseling for victims & secondary victims
 - Support groups
 - Play therapy for young children
 - Advocacy
 - Court education & accompaniment
 - Community referrals
 - Assistance with Victim's Compensation application process
 - Address confidentiality program
 - Tree House Children's Advocacy Center
 - Children ages 0-18 affected by physical & sexual violence
 - Referrals from Department of Social Services and Law Enforcement only
 - Interview with non-offending parent or guardian
 - Individual forensic interview with the child (ages 3-18)
 - Complete head to toe medical exam
 - Family advocacy
- All services are free for our clients.**

COMMUNITY RESOURCES

Domestic Violence

Turning Point704.283.7233

Law Enforcement

Union County Sheriff's Department704.283.3789

rape kit will be held by the state for up to one year should you decide to prosecute later.

Does the assault have to be reported to law enforcement?

No. The state of North Carolina recently passed a law which allows victims to complete an *anonymous rape kit* at the hospital. In this instance, law enforcement is not informed. Upon completion, the anonymous rape kit is sent to the LESS storage facility and stored for at least 1 year. The victim can decide later to report the crime. Please keep in mind that the faster the crime is reported to law enforcement, the more evidence can be collected.

What about pregnancy & STD's?

- The Morning After Pill (Plan B)
 - ◊ Can be taken up to 72 hours after the assault has occurred.
 - ◊ This pill helps prevent fertilization. It does not cause an abortion if you are already pregnant.
- STD & HIV Prophylaxis
 - ◊ These drugs are given to help prevent the contraction of sexually transmitted diseases and HIV.
- The Morning After Pill and prophylaxis for STD's and HIV may cause nausea and/or vomiting.

How can I find out what is going on with my case?

You can start by contacting a Victim Advocate at the United Family Services office in your county. Phone numbers for each county are listed on each county specific page.

You can also contact the District Attorney's Office in your county. Phone numbers are listed in the county by county resource section under LEGAL.

What is Victim's Compensation?

Victim's Compensation is a state-funded program that reimburses victims of crimes for their medical expenses and lost wages that were the result of the crime. Victim's Compensation will help pay for medical expenses incurred by victims or rape and sexual assault. You must first apply to Victim's Compensation to see if you qualify.

Will United Family Services be able to accommodate my needs in regards to vision, hearing, physical, or intellectual disabilities?

Yes. Please let us know how we can best meet your needs while receiving services from our agency.

CABARRUS COUNTY

952 Copperfield Blvd, Concord, NC 28025

Main: 704.786.7918 Rape Crisis Hotline: 704.721.0110

Hours of Operation:

Mon-Thurs 8:00am–8:00pm, Friday closed

SERVICES PROVIDED

- | | |
|--|--|
| <ul style="list-style-type: none"> • Crisis intervention • 24 hour rape crisis hotline • 24 hour hospital response to accompany child/adult victims of sexual assault through the forensic evidence collection process • Counseling for victims & secondary victims • Play therapy for young children • Support groups • Advocacy | <ul style="list-style-type: none"> • Court education • Court accompaniment • Community referrals • Assistance with protective orders • Assistance with Victim's Compensation Application Process • Address confidentiality program |
|--|--|
- All services are free for our clients.**

COMMUNITY RESOURCES

Domestic Violence

CVAN – Cabarrus Victim Assistance Network 704.788.2826

Law Enforcement

Cabarrus County Sheriff's Department 704.920.3000

Concord Police Department 704.920.5000

Kannapolis Police Department 704.920.4000

Legal

Crime Victim Financial Assistance 800.826.6200

District Attorney's Office-Victim Witness Assistance 704.786.7129

Legal Aid 704.786.4145

NC Lawyer's Referral Service 800.662.7660

Legal

District Attorney's Office 704.347.7891

UFS Victim's Compensation 704.367.2735

UFS Victim's Assistance 704.332.4126

UFS Legal Representation Project 704.332.4126

Legal Aid 704.971.2621

NC Lawyer's Referral Service 800.662.7660

Children's Services

Child Advocacy Center at CMC Northeast 704.783.1736

Dove House Children's Advocacy Center (Statesville) 704.883.9841

Medical

Lake Norman Regional Medical Center 704.660.4000

Presbyterian Hospital - Huntersville 704.384.4000

Carolinas Medical Center – Charlotte 704.355.2000

Presbyterian Hospital – Charlotte 704.384.4000

Iredell County Health Department - Mooresville 704.664.5281

Mecklenburg County Health Dept. Billingsley Rd. 704.336.4700

Mecklenburg County Health Dept. Beatties Ford Rd. . 704.336.6400

Social Services

Iredell County Dept. of Social Services 704.873.5631

Mecklenburg County Dept. of Social Services 704.336.3150

Counseling

United Family Services 704.655.8745

Other

Ada Jenkins Center – free clinic, food, crisis, job training .. 704.896.0471

Consumer Credit Counseling - UFS 704.655.8745

Salvation Army – (Iredell County only) food, utilities 704.872.5623

Fifth Street Ministries Shelter - Statesville 704.872.4045

United Way Information & Referral 211

Mooresville Christian Mission - financial & prescription assistance, food, job skills, housing, life skills 704.664.2357

Childcare Resources & Information (Mecklenburg) ... 704.348.2181

Iredell Smart Start 704.660.1557

MOORESVILLE/LAKE NORMAN

9624 Bailey Road, Suite 290, Cornelius, NC 28031
 Main: 704.655.8745 Rape Crisis Hotline: 704.375.9900
 Hours of Operation:
 Mon–Wed 11:00am – 8:00pm
 Thursday 9:00am – 5:00pm; Friday closed

SERVICES PROVIDED

- Counseling for victims & secondary victims
- Community referrals

All services are free for our clients.

COMMUNITY RESOURCES

Domestic Violence

United Family Services (bilingual staff) 704.788.2826
My Sister’s House – (Iredell County) counseling,
 victim assistance, shelter, victim/legal advocacy 704.872.3403

Law Enforcement

Iredell County Sheriff’s Department 704.878.3180
Mecklenburg County Sheriff’s Department 704.336.4728
Charlotte Mecklenburg Police Department 704.353.1000
Cornelius Police Department 704.892.1363
Davidson Police Department 704.892.5131
Huntersville Police Department..... 704.875.6542
 Mooresville Police Department..... 704.664.3311
Troutman Police Department 704.528.7610
Statesville Police Department 704.878.3412
Iredell County Magistrates Office..... 704.878.4211
Mecklenburg County Magistrates Office 704.347.7844

Children’s Services

Child Advocacy Center at CMC Northeast 704.783.1736

Medical

Carolinas Medical Center – Northeast 704.403.1275
Cabarrus Health Alliance (Health Dept.) 704.920.1000
Community Free Clinic..... 704.782.0932

Social Services

Cabarrus County Dept. of Social Services..... 704.920.1400

Counseling

Northeast Psychiatric and Psychological 704.262.1800
Piedmont Behavioral Health..... 704.939.1100
United Family Services (English & Spanish Counselors).. 704.786.7918
Daymark..... 704.939.1100

Other

1st Assembly Distribution Center – clothes, food, crisis .. 704.793.4765
Alcoholics Anonymous – group meetings..... 704.788.3197
Al-Anon – family groups 800.750.2666
American Red Cross – disaster relief..... 704.782.9022
Ask First – health & wellness info 704.783.1275
Baptist Sharing House – food, clothes, emergency asst. .. 704.788.6507
Cabarrus Veteran’s Services – veteran info..... 704.920.2869
CDC – tutoring, budgeting, how-to classes 704.933.7405
Community Links (UW) – rent, utilities, crisis, homeless .. 704.788.1462
Consumer Credit Counseling – United Family Services 704.786.7918
Coop. Christian Ministry – rent, utilities, food, etc. 704.786.4709
Job Link Career Center 704.786.3183
Meals on Wheels 704.788.3412
RCCC – continuing education, GED, AHS..... 704.788.3197
Salvation Army – rent, utilities, clothes, household, meds . 704.782.7822
South Rowan Community Center – education, homeless 704.932.6818
United Way Information & Referral 211
Vocational Rehab – assist w/ employment w/ disabilities .. 704.788.2172

MECKLENBURG COUNTY

601 E. 5th Street, Suite 400, Charlotte, NC 28202
 Main: 704.332.9034 Rape Crisis Hotline: 704.375.9900

Hours of Operation:

Mon-Wed 8:00am–7:30pm, Thursday 8:00am–5:00pm
 Friday 8:00am–1:30pm

SERVICES PROVIDED

- Crisis intervention
 - 24 hour rape crisis hotline
 - 24 hour hospital response to accompany child/adult victims of sexual assault through the forensic evidence collection process
 - Victim's Compensation
 - Victim assistance for domestic violence
 - Obtaining restraining orders
 - Photo documentation of injuries
 - Court accompaniment & support
 - Safety planning
 - Battered Women's Shelter
 - Counseling for victims & secondary victims
 - Support groups
 - Play therapy for young children
 - Advocacy
 - Court education
 - Community referrals
 - Address confidentiality program
 - Bilingual staff (English – Spanish)
- All services are free for our clients.**

COMMUNITY RESOURCES

Domestic Violence

United Family Services Victim Assistance 704.336.4126
Shelter for Battered Women Hotline 704.332.2513
Program for Incarcerated Women 704.353.0922
Forensic Medicine Program – CMC 704.335.3390

Law Enforcement

Charlotte Mecklenburg Police Department 704.353.1000

Mecklenburg County Sheriff's Department 704.336.2543
Matthews Police Department 704.847.4069
Pineville Police Department 704.889.2231
Mecklenburg County Magistrates Office 704.347.7844

Legal

District Attorney's Office 704.347.7891
UFS Victim's Compensation 704.367.2735
UFS Victim's Assistance 704.336.4126
UFS Legal Representation Project 704.336.4126
Legal Aid 704.971.2621
NC Lawyer's Referral Service 800.662.7660

Children's Services

Pat's Place Child Advocacy Center 704.335.2760

Medical

Carolinas Medical Center – Main 704.355.2000
Presbyterian Hospital – Main 704.384.4000
Mecklenburg County Health Dept. Billingsley Rd. 704.336.4700
Mecklenburg County Health Dept. Beatties Ford Rd. . 704.336.6400

Social Services

Mecklenburg County Dept. of Social Services 704.336.3150

Counseling

Council for Children 704.372.2513
Family Support Center 704.376.7180
Parent Aide Program/Stress Line 704.376.7244
United Family Services – Victim Assistance 704.332.9034
United Family Services – Domestic Violence 704.332.2513

Other

Women's Commission – housing, school, counseling ... 704.336.3210
Child Care Resources, Inc. – assist finding daycare 704.376.6697
Crisis Assistance Ministries – rent, utilities, clothing ... 704.371.3000
LOVE, INC. – (agency referrals only) links people in need with churches willing to help with those needs 704.523.4438
Loaves & Fishes – food (worker referral needed) 704.348.2560
Salvation Army Shelter – homeless 704.392.4306
University Park Baptist Church – rent, mortgage, utilities